



City of Carson COVID-19 Update

Tuesday, December 15, 2020

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. COVID-19 is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to Public Health Experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone always wears a face covering securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

12/15/2020	CASES	DEATHS
CARSON	3,699	69
West Carson/Unincorp.	824	54
County of Los Angeles	543,769	8,345
California	1,640,724	21,395
United States	16,750,151	306,014
Global	73,406,636	11,633,180

John Hopkins University & Medicine Coronavirus Resource Center

<https://coronavirus.jhu.edu/map.html>

State of California Coronavirus Statewide Update

<https://update.covid19.ca.gov/>

County of Los Angeles Public Health

<http://publichealth.lacounty.gov/media/Coronavirus/locations.htm>

- **COVID-19 Testing In Carson And The County Of Los Angeles:**
 - Carson Community Center: To make an appointment, please log on to: <https://ushealthfairs.org/carsonform/>
 - Los Angeles County: For locations and appointments, please log on to: <https://covid19.lacounty.gov/testing/>
- **Carson City Hall Is Open To The Public For Business By Appointment Only Through December 31, 2020** and may be extended after the New Year. You must contact the department of choice directly to make an appointment but we highly encourage phone and online business. For information on all city services, city news and COVID-19 updates, please call City Hall Monday – Thursday 7:00 a.m. to 6:00 p.m. (except on holidays) at (310) 830-7600 or go to: <https://ci.carson.ca.us/>
- **Moderna's COVID-19 Vaccine Is On The Verge Of Authorization After The FDA Endorses Its Safety And Efficacy** at 94% across all races and genders, similar to the Pfizer vaccine. Moderna authorization request is in people ages 18 and over and the evidence will be discussed by independent experts on Thursday, with the FDA possibly granting the emergency use authorization as soon as Friday. Vaccine side effects found by the agency included chills, injection site soreness, fever, headache and fatigue, but most did not last longer than a day and has fewer logistical challenges by requiring the same ultra-cold storage of Pfizer's vaccine and being able to remain stable for up to 30 days at the same temperature as a standard refrigerator. The anticipated authorization would give America two different vaccines against COVID-19, and between Moderna and the Pfizer/BioNTech vaccine, health officials said they expect to deliver enough doses to vaccinate 20 million people with the first dose by the end of the year. To view the December 15, 2020 The Hill News Report, please go to: <https://thehill.com/policy/healthcare/530227-fda-endorses-safety-and-efficacy-of-modernas-covid-vaccine>
- **FDA Allows Use Of Over-The-Counter Rapid COVID-19 Home Test** that doesn't require a prescription and will soon be on U.S. drugstore shelves "where a patient can buy it, swab their nose, run the test and find out their results in as little as 20 minutes," said FDA Commissioner Stephen Hahn. Initial supplies of the home test will be limited although Australian manufacturer Ellume said it expects to produce 3 million tests next month before ramping up production over the first half of 2021 and will be available at pharmacies and online, priced at around \$30. The test connects to a digital app to help users interpret the results. Regulators granted emergency use for a similar test last month, but that one requires a doctor's prescription. To view the Associated Press News December 15, 2020 News Report, please go to: <https://apnews.com/article/coronavirus-pandemic-ac070f4d42d9d7eacc486c9bed4ccaa0>
- **L.A. Dispatches Five Mobile Coronavirus Testing Teams To High-Risk Communities Of Color**, predominantly Black and Latino, in the East San Fernando Valley and South Los Angeles where infections dramatic spiked nearly doubling early December, relative to their population. Each mobile site has the capacity to test around 1,000 people a day, adding to the current capacity of 41,000 across its 10 permanent sites, operating at the upper limits of capacity with results turnaround at about 37 hours. The areas are home to a large number of essential workers, who have not been able to stay home and avoid elevated risk with high-density living situations where the virus can spread more easily. For the week ending Dec. 4, the East Valley accounted for 26% of all new cases citywide, and South L.A. made up 19%. Van Nuys increased 74%, Pacoima surged 92% and the neighborhoods of Florence-Firestone, Vernon, Sun Valley and Canoga Park saw increases of more than 100% compared to the week before. To view the Los Angeles Times December 15, 2020 News Report, please go to: <https://www.latimes.com/california/story/2020-12-15/la-covid-19-testing-mobile-black-latino-areas>



- California Orders 5,000 Body Bags and 63 Refrigerated Units For Coroners As State Prepares For Surge In Deaths** as Gov. Gavin Newsom reported 32,326 new cases in the state over the past 24 hours and 142 deaths, with a daily average of 163 deaths over the past 7 days but an all-time high of 225 reported on Friday. Newsom announced that the state had activated mutual aid among the state’s coroners so if an area’s coroners are overwhelmed, they can call on nearby regions for help. Health and Human Services Dr. Mark Ghaly indicated that the state’s case counts were 15,000 two weeks ago and now 30,000, which tells that hospitals will be doubling demand in the next 2 weeks. Ghaly stated “Two weeks from now we are concerned about our ability to provide the same level of high quality medical care.” Statewide ICU capacity stood at 5.7%, some areas like Southern California critically low at just 1.7% with Orange County reaching 0% at a daily average rise of over 200% in just 2 weeks. To view the December 15, 2020 City News Service News Report by Deadline, please go to: <https://deadline.com/2020/12/california-covid-19-governor-gavin-newsom-orders-5000-body-bags-freezers-death-surge-1234656904/>
- New Coronavirus Strain Spreading In UK Has Key Mutations British Scientists Say** and they are trying to establish whether the rapid spread in southern England of a new variant of the virus UK scientists have named “VUI – 202012/01” includes a mutation in the viral genome region encoding the spike protein, which - in theory - could result in COVID-19 spreading more easily between people. Scientists said that the mutations include changes to the important “spike” protein that the SARS-CoV-2 coronavirus uses to infect human cells but it is not yet clear whether these are making it more infectious. As of Dec. 13, 1,108 COVID-19 cases with the new variant had been identified, predominantly in the south and east of England, Public Health England said in a statement. Mutations, or genetic changes, arise naturally in all viruses, including SARS-CoV-2, as they replicate and circulate in human populations. In the case of SARS-CoV-2, these mutations are accumulating at a rate of around one to two mutations per month globally, according to the COG-UK genetics specialists, and there currently is no evidence that the variant is more likely to cause severe COVID-19 infections or that it would render vaccines less effective, but are the subject of ongoing investigations by the UK Public Health Agencies, coordinated by Public Health England and supported by COG-UK. To view the Reuters December 15, 2020 News Report, please go to: <https://www.reuters.com/article/health-coronavirus-britain-variant/new-coronavirus-strain-spreading-in-uk-has-key-mutations-scientists-say-idUSKBN28P158>

 - To view the COVID-19 Genomics UK Consortium December 14, 2020 Official Report, please go to: https://www.cogconsortium.uk/news_item/update-on-new-sars-cov-2-variant-and-how-cog-uk-tracks-emerging-mutations/
- CDC To Use V-Safe After Vaccination Health Checker, A Smartphone-Based Tool That Uses Text Messaging And Web Surveys To Provide Personalized Health Check-Ins After COVID-19 Vaccination.** Vaccine recipients can notify the CDC if they have any side effects and it can be quickly investigated by its medical experts and scientists. It will also remind you to get your second COVID-19 vaccine dose if you need one. Participation is voluntary. The system is meant to give healthcare officials early alerts about any possible adverse reactions people may be having from the coronavirus vaccines. Personal information in v-safe is protected and stays confidential and private according to the CDC. To view the Centers for Disease Control and Prevention (CDC) December 11, 2020 Report, please go to: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/faq.html>
- Long Beach Unified School District Pushes Back Reopening Schools To March 1, 2021 As Coronavirus Cases Continue To Surge.** The district consisting of about 72,000 students and 12,000 employees had planned to start in-person instruction in January. The announcement comes a week after the Los Angeles Unified School District shut down all on-campus services due to the rise in cases. “We will continue to monitor all state and local health data,” said Long Beach Supt. Jill Baker. The school district will continue to provide childcare between January and March for essential workers and families enrolled in childcare programs and continue to assess students for support services. The district



will also consider bringing students in transitional kindergarten through second grade back to school on a waiver, similar to what other school districts have done. To view the Los Angeles Times December 15, 2020 News Report, please go to:
<https://www.latimes.com/california/story/2020-12-15/long-beach-schools-reopening-march>

- **A Health Alert To Individuals With Chronic Conditions In California Disproportionately Impacted By COVID-19 Has Been Released** by CDPH. National surveillance data through April 2020 has shown that COVID-19 can lead to severe outcomes in adults with underlying chronic health conditions. Clinicians should make every effort to encourage patients with chronic conditions to: keep their medical appointments; maintain preventive health services; refill their prescriptions; manage their blood sugar, blood pressure and weight; and quit smoking. Local public health departments should promote routine care and participation in lifestyle programs. To view the December 11, 2020 Health Alert by the State of California Health and Human Services Agency Department of Public Health, please go to:
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/ab685.aspx>
- **Blueprint For A Safer Economy Has Been Update** with revised criteria for loosening and tightening restrictions on Activities. To view the State of California Health and Human Services Agency Department of Public Health December 15, 2020 updates, please go to:
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID19CountyMonitoringOverview.aspx>
- **Guidance For Youth And Recreational Adult Sports Has Been Updated.** To view the December 14, 2020 California Department of Public Health NR20-336 Guidance, please go to:
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx>
- **The COVID-19 Quarantine Guidance Has Been Updated.** To view the December 14, 2020 State of California Health and Human Services Agency Department of Public Health revised guidance, please go to:
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID-19-Quarantine.aspx>
- **Guidance For Civil Weddings Has Been Updated.** To view the L.A. County Department of Public Health November 28, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/business/GuidanceConductingWeddings.pdf>
- **Guidance For Home Visiting Staff Has Been Updated.** To view the L.A. County Department of Public Health November 27, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/settings/GuidanceHomeVisitingStaff.pdf>
- **Guidance For Conducting A Funeral Has Been Updated.** To view the L.A. County Department of Public Health November 21, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/business/GuidanceConductingFunerals.pdf>
- **Protocol for Law Enforcement Responding to Protests Has Been Updated.** To view the L.A. County Department of Public Health November 21, 2020 Guidance, please go to:
<http://publichealth.lacounty.gov/media/Coronavirus/docs/service/GuidanceLawEnforcementProtest.pdf>



- **Guidance for Multifamily Residences has been updated.** To view the Los Angeles County Department of Public Health November 21, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/business/GuidanceMultifamilyResidences.pdf>
- **Elderly Congregate Living Resident Guidance Has Been Updated.** To view the L.A. County Department of Public Health November 21, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/settings/FAQ-ElderlyCongregateLivingResident.pdf>
- **Elderly Congregate Living Visitor Guidance Has Been Updated.** To view the L.A. County Department of Public Health November 21, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/settings/FAQ-ElderlyCongregateLivingVisitor.pdf>
- **Guidance For Workplace Managers Has Been Updated.** To view the Guidance L.A. County Department of Public Health November 13, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/business/FAQ-Managers.pdf>
- **Guidance For Responding To COVID-19 In The Workplace Has Been Updated.** To view the L.A. County Department of Public Health November 13, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/business/GuidanceWorkplaceResponse.pdf>
- **Guidance For Field Staff (Non-Healthcare Workers) Has Been Updated.** To view the L.A. County Department of Public Health November 7, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/business/GuidanceFieldStaff.pdf>
- **Guidance For Construction Sites Has Been Updated.** To view the L.A. County Department of Public Health November 3, 2020 Guidance, please go to: <http://publichealth.lacounty.gov/media/Coronavirus/docs/business/GuidanceConstructionSites.pdf>
- **SoCal Gas Company Utility Programs for Residents:**
 - **On-Time Gas Bill Relief Assistance Grant** (877) 238-0092
<https://www.socalgas.com/save-money-and-energy/assistance-programs/gas-assistance-fund>
 - **RES DI Program (Residential Direct Install) FREE Home Weatherization** (562) 464-0880
SoCal Gas Co. Authorized Contractor: ACS Group - License Number 667206.
 - **Medical Baseline Allowance Program** Baseline rates for individuals with a serious health condition (800) 427-2200
<https://www.socalgas.com/save-money-and-energy/assistance-programs/medical-baseline-allowance>
- **Southern California Edison Utility Programs For Residents:**
 - **FERA Program** (Family Electric Rate Assistance) Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
 - **CARE Program** (California Alternate Rates for Energy) Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
 - **EAF Program (Energy Assistance Fund)** Bill Payment Assistance Grant
<https://www.sce.com/residential/assistance/energy-assistance-fund>
 - **LIHEAP (Low Income Home Energy Assistance Program)** Home Weatherization Program, Energy Savings Assistance, and Energy-Efficient Appliances (800) 736-4777 <https://www.sce.com/residential/assistance/energy-saving-program>



- **Emergency Rental Assistance Program For Up To \$10,000 is available to Carson Residents.** For more information, eligibility, qualifications requirements and instructions on how to apply, please go to: <http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf>
- **Small Business Assistance Grant Program For Up To \$30,000 Is Available To Carson Businesses.** For more information, eligibility, qualification requirements, and instructions on how to apply, please go to: http://ci.carson.ca.us/content/files/pdfs/housing/SBGrant/SmallBusinessAssistance-ERA_101320.pdf
- **California Rebuilding Fund Is Available to Small Businesses.** For more information, eligibility, qualification requirements, and instructions on how to apply, please go to: <https://www.connect2capital.com/p/californiarebuildingfund/>
- **Small Business Hiring Tax Credit Program** from the California Department of Tax and Fee Administration (CDTFA). Deadline to apply is January 15, 2021. For more information, eligibility requirements and instructions on how to apply, please go to: <https://www.cdtfa.ca.gov/taxes-and-fees/SB1447-tax-credit.htm>
- **Meal Programs And Assistance For Residents** continue in Carson, including for seniors and the homebound.
 - **Carson Essentials to GO** – Grocery Package Purchase - delivered: (310) 952-1765
 - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
 - **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
 - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
 - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - **Grab & Go Food Centers**, please log on to: <https://achieve.lausd.net/resources>
 - **Los Angeles Regional Food Bank** for all in need: (323) 234-3030
<https://www.lafoodbank.org/coronavirus/>
<https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf>
 - **County of Los Angeles Food Resources**
<https://covid19.lacounty.gov/food/>
 - **WIC (Women, Infants and Children)** is a health program that provides food vouchers to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or go to: <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>
 - **CalFresh is the Supplemental Nutrition Assistance Program (SNAP)** that provides financial assistance low-income families. For more information, please call (877) 847-3663 or go to: <https://www.cdss.ca.gov/inforesources/calfresh>



- **Department Of Public Social Services (DPSS) Offers Assistance To Residents** for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and General Relief cash assistance. They also offer many other social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: <https://dpss.lacounty.gov/en.html>

If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

<https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](tel:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by washing your hands often; clean and disinfect surfaces on a regular basis; stay a safe distance from one another; stay home if you are ill; avoid others who are who are ill; cover coughs and sneezes; wear face masks if you are ill. If you are experiencing high fever, along with dry cough and fatigue, call your health provider so they can provide you with professional advice and recommendations. Those with underlying health conditions, the elderly and those who are pregnant should consider calling sooner, as soon as feeling ill.

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